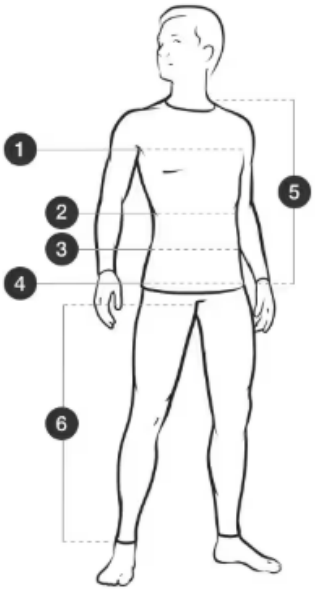
Size Chart

Inch

Size	30 (S)	32 (M)	34 (M)	36 (L)	38 (L)	40 (XL)	42 (XL)
Waist	30.5 - 32	32.5 - 33.5	33.5 - 35	35 - 36	36.5 - 38.5	39 - 40	40.5 - 42.5
Hips	36 - 38	38 - 39.5	39.5 - 41	41 - 42.5	42.5 - 44	44 - 45.5	45.5 - 47
Inseam (Short)	30	30	30	30	30	30	30
Inseam (Regular)	32	32	32	32	32	32	32
Inseam (Long)	34	34	34	34	34	34	34



1. **Chest:**
   Measure around the widest part of your chest, roughly 2cm underneath your armpits. Tip: don't pull the tape too tight.

2. **Waist:**
   Measure around the narrowest part of your torso.

3. **Waist - Jeans:**
   Measure your circumference at a point about two inches below the belly button.

4. **Hip:**
   Measure just above the widest part of your hips, over your bottom. Tip: stand with your legs close together but not touching.

5. **Sleeve:**
   With your arm slightly bent, measure from the base of your neck down to your elbow then to your wrist bone. Tip: a friend will come in handy when taking this measurement.

6. **Inseam:**
   Measure a similar pant that fits you well. Measure along the inseam, from the crotch seam to the bottom of the hem.