

How To Measure

1. Circumference

Measure around the center part of the palm, keeping the tape measure firm and level.

2. Length

Measure from the bottom of your palm to the longest finger tip.

Standard (Unisex)

INNER LINER SIZE	IN CM	
	PALM CIRCUMFERENCE	PALM LENGTH
S	7.9 - 8.5	7.5 - 7.9
M	8.5 - 9.1	7.9 - 8.3
L	9.1 - 9.6	8.3 - 8.5
XL	9.6 - 10.2	8.5 - 8.7
2XL	10.2 - 10.8	8.7 - 8.9